



## VOLUNTEER APPLICATION FORM

### Applicant Information

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Name

Cell / Phone Number

Email

NVFB Client?

Yes

No

Do you have Food Safe?

Yes

No

Are you willing to obtain?

Yes

No

Please note: You will be asked to provide a criminal record check (Free for volunteers).

There are food safety courses provided by Food Banks Canada that we ask you to complete online and an orientation that you must attend.

Do you agree to these terms?

Yes

No

## Volunteer Positions Available

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- Special Events – Usually Weekends
- Heavy Lifting – Unloading the Delivery Van – Usually Mondays & Fridays
- Back Prep Area – Tues, Wed & Thurs 9:30am – 1pm
- Store Front Shelves – Tues, Wed & Thurs 9:30am – 1pm
- Cleaning Days – Usually Fridays 10am – 1pm
- Welcome Desk – Tues, Wed & Thurs 9:30am – 1pm
- Food Desk – Tues, Wed & Thurs 9:30am – 1pm
- Office Support – Tues, Wed & Thurs 9:30am – 1pm

How many hours are you available to Volunteer each month?

1–5 hrs

5–10 hrs

10–15 hrs

## Volunteer Experience & Background

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Why do you want to serve as a volunteer? How do you hope to benefit?

List any previous or current Volunteer Experiences:

List the Qualifications and Skills that you will bring to the Nicola Valley Food Bank:

**Employment / Training Background**

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Additional Comments:

Signature of Applicant

Date