

NICOLA VALLEY FOOD BANK
CHRISTMAS HAMPER PROGRAM 2024

Family Hamper

Preferred Options:

Breakfast:

Eggs _____ Bacon _____ Pancakes _____ or bread _____

Dinner:

Ham _____

Or

Turkey _____ Gravy _____ Cranberries _____ Stuffing _____

Vegetables – Potatoes, onions and carrots will be offered

Beverages (choice of 2) Coffee _____ Tea _____ Hot Chocolate _____ Pop (flavor): _____

Milk _____ (if child)

Snacks: (choice of 3)

Potato Chips _____ Cookies _____ Crackers _____