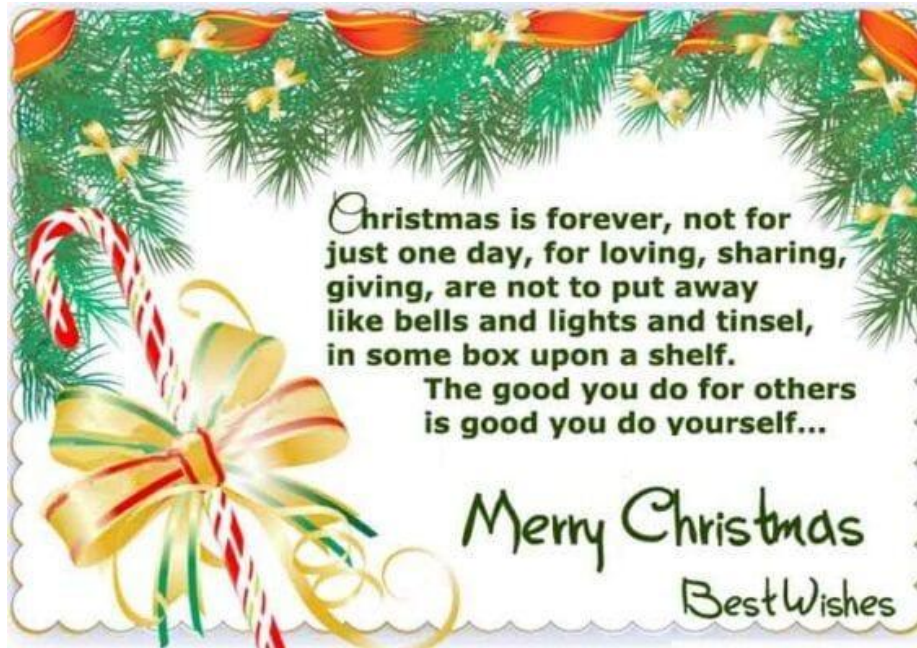




**Christmas 2022 at the Nicola Valley Food Bank**



Christmas is approaching fast and before we know it, we will be with our families watching the young ones open their gifts, with excitement in their voices and then enjoying a nice Christmas dinner with our loved ones.

We have begun our 2022 Christmas hamper sponsorship program and we are asking for those who can help us, to fill out an application and we will then match you to a family that is facing financial hardship this holiday season.

The foodbank and our clients are appreciative of all the sponsors from past years. Your generosity truly makes a difference to the families you have helped, and we hope you are able to join our program again this year. We welcome any new organizations, businesses or individuals who would like to contribute to make a family's Christmas merry and bright.

If sponsoring a family this year is of interest to you, please email me at [foodbank@telus.net](mailto:foodbank@telus.net) for an application and return it to us. I will match you with one of our many families who are facing food insecurity this holiday season.

Thank you for helping spread the Christmas Spirit!

Derlanda Hewton  
Nicola Valley Food Bank  
General Manager

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