



## **Christmas 2022 at the Nicola Valley Food Bank**

Christmas is just around the corner and the Nicola Valley Food Bank is preparing to provide Christmas breakfast, dinner and snacks.

It takes a lot of preparation from volunteers to ensure that everyone who applies for a Christmas Hamper receives one. We ask that you return your completed application to the foodbank prior to November 17, 2022. For those of you with children and would like to be matched with a community sponsor, please return your application as soon as possible. As much as we would love to be able to find sponsors for all our families, this may not be possible. Please be assured we are doing our best.

Toys for the children will be as it was last year. Please indicate what your child(ren) would like as we try to match as best we can.

Please note: As hygiene products are now given out year round, they will not be included in Christmas Hampers.

The pickup location will be at the Merritt Legion. Parents can come Dec 13-15 to pick out a toy or two for their children. Christmas day food hampers will be available Dec 20-23. Further details will follow.

The process of Christmas hampers will be different from past years. We ask for your patience as we guide our way through to provide you with some of the makings of a nice Christmas holiday season.

Derlanda Hewton  
Nicola Valley Food Bank  
General Manager